



The Messenger

South Hill United Methodist Church

October 2018



The Pastor's Pen...

11 Faith is the reality of what we hope for, the proof of what we don't see. 2 The elders in the past were approved because they showed faith. 3 By faith we understand that the universe has been created by a word from God so that the visible came into existence from the invisible. [mentions of Abel, Enoch, Noah, Abraham, Sarah, Isaac, Jacob, Joseph, Moses, Joshua, Rahab] 32 What more can I say? I would run out of time if I told you about Gideon, Barak, Samson, Jephthah, David, Samuel, and the prophets. 33 Through faith they conquered kingdoms, brought about justice, realized promises, shut the mouths of lions, 34 put out raging fires, escaped from the edge of the sword, found strength in weakness, were mighty in war, and routed foreign armies. 35 Women received back their dead by resurrection. Others were tortured and refused to be released so they could gain a better resurrection.

Hebrews 11:1-3, 32-35

I admit that I have a tendency to fill available time. The "break" this summer ended up being filled with all kinds of dreaming, research, and planning. The end result of all of that is that we now have so much to do, enough that we need everyone's help. I have rediscovered that I am incredibly excited about the changes going on at South Hill United Methodist Church, spiritually, programmatically, and physically. We have so much to offer our community, and could do even more if each one of us uses our talents, skills, and passions in ministry to those around us.

I am reminded that throughout the Holy Scriptures, we find account after account of people who acted, using their skills for God's purpose. In almost every account, great things happened when ordinary, and even unexpected, people stepped up. It is each of our turns.

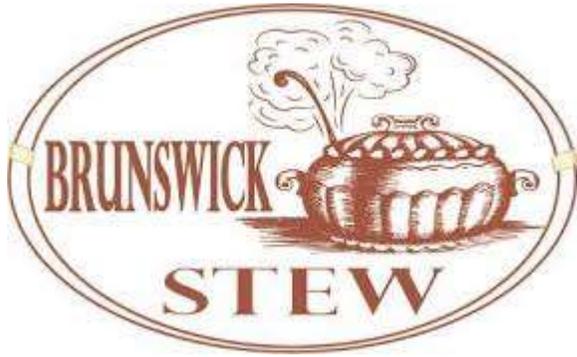
This all means that we need you. We need your passion. We need your skills. We need your time. We need your dreams. We need

your resources. But most of all, we need your excitement! If you are excited about all we are doing, then those around you will be. Excitement breeds excitement. And excited people bring people with them.

We have the location. We have the potential. We have you. There is work to do as we "make disciples for Jesus Christ for the transformation of the world." Let's put all of this together and bring others with us as we do that work. There is no better work on the planet. And I'm excited, even if a bit tired, about all of it. Let us all be busy working God's mission in the community around us.

Yours in Christ,
Pastor Brian





United Methodist Men Selling Stew

Mark your calendars because Stew Master, Rodney Elmore along with South Hill United Methodist Men are cooking a Brunswick Stew on Saturday, October 6th. The stew will be available for pick up between 10am until 12 noon at the Golden Leaf Warehouse in South Hill. The price is \$8.00 per quart. Tickets are available from Glenn Barbour, our stew chairman. We appreciate your support.



October Special Offering World Communion Sunday



The World Communion Sunday offering funds graduate racial-ethnic World Communion Scholarships, with at least one-half of the annual amount reserved for ministries beyond the United States. Donations also provide for undergraduate U.S. Ethnic Scholarship and Ethnic In-Service Training programs.



Budget for 2018:	\$231,797
GF Offering received thru Sept 23, 2018:	\$125,736.97
YTD Percent Budget Received 2018:	54%
YTD Percent Budget Received 2017:	67%
YTD Avg Attendance Combined Worship 2018:	104
YTD Avg Sunday school Attendance 2018:	54



United Methodist Women Planning Potato Luncheon

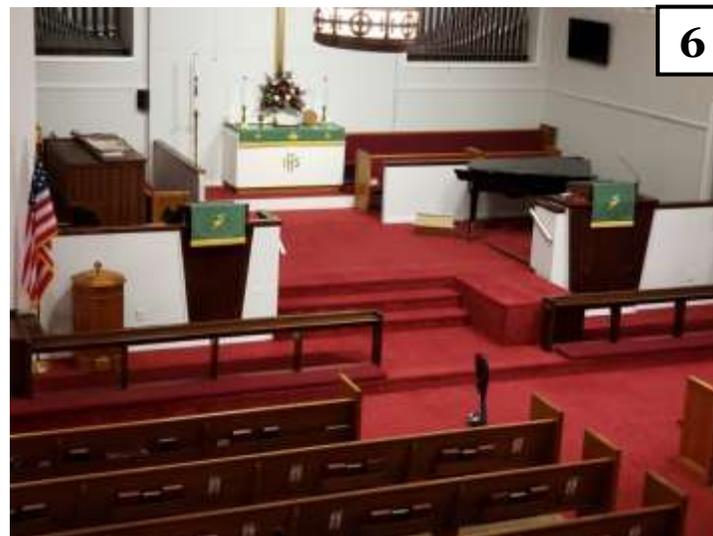
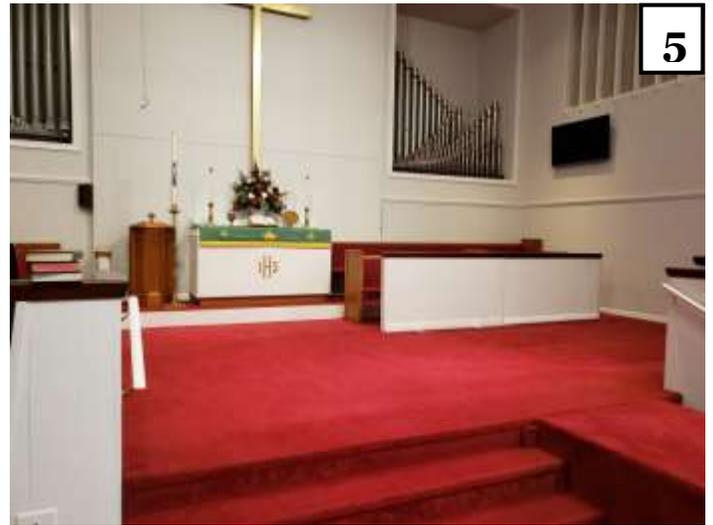
Plan now to attend the UMW's Potato Luncheon on Sunday, October 14th in the Fellowship Hall following the 11:00 am service. The proceeds will benefit the Society of Saint Andrew. The cost is \$4 and tickets are available from any UM Women members. We look forward to seeing everyone there.



Did you know? Our 11:00 am worship service is video recorded and put online. While not replacing being here, if you can't be, you can still worship with us! Go to our website (www.southhillumc.org) and click on "recordings".

Renovations of Sanctuary

The sanctuary is in the process of receiving a facelift in the chancel area thanks to the unselfish time of several members of the church.



Assisting with the project are Stuart Taylor, Rick Carroll, Glen Cox, Bryant Pearce, and Pastor Brian Siegle. The project will be completed in October as time permits.

South Hill United Methodist Youth

September was a great month for Youth! We set our goals for the year and got to know one another. We have a young and thriving youth (mostly middle schoolers) and need your support to fulfill our mission of letting our light shine before others so that they may see our good deeds and glorify our Father in heaven. (Adapted from Matthew 5) You can help best by being in constant prayer and staying tuned for fundraising opportunities. Upcoming, Youth will be making their mark in the Youth Room by painting a lighthouse. Christ, be our light.



~Angie Zincon Calhoun



Important Youth Dates:

- 11/16 – Set Up Holiday Bazaar
- 11/18 – Bake Sale
Clean Up Holiday Bazaar
- 12/02 – South Hill Parade
- 12/31 – Light the Night
- 2/22-24 – Fusion Retreat
- 3/22-24 – DNOW
- 5/05 – Youth Sunday

Opportunities for Growth and Service...

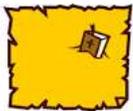
Mark your calendars and join us this fall for our next 5 Talent event to be held on Tuesday, October 30th 9:00 am – 3:00 pm. South Hill UMC is a satellite location. The structure has changed this year and will have 4 speakers! It will be a great event, focusing on worship! Registration of \$40 per person ends October 22nd.



REGISTER NOW:
www.vaumc.org/5talent



UMM offering ‘revamped’ Spiritual Weekend in October - For the 40th year the Virginia Conference United Methodist Men (UMM) will host a Spiritual Weekend, this time at Baylake UMC in Virginia Beach October 26-27, 2018. Theme will be “Go! and make disciples” and featured speaker will be Bishop James Swanson from the Mississippi Conference. As part of revamping the weekend, changes include making the event open to families and spouses, bringing in nationally renowned speakers and offering special rates. For more information about United Methodist Men in the Virginia Conference, please contact Andrew Kissell, president, at 757-839-0790 or Andrew.Kissell@aecom.com.



LOOKING for A Bible Study?

New Bible Study Interest: We are trying to determine interest in a second evening Bible Study. This would not compete with the Tuesday/Wednesday study led by Pastor Brian. Initially, we would offer the Discovery Series (Our Daily Bread/Day of Discovery) and plan to meet on Thursday nights. Please contact Pastor Brian at the church or Dewayne McGee at 434-210-8004 with any questions or feedback.

Lake Junaluska hosting Marriage Enrichment Retreats - Beginning this fall, Lake Junaluska will offer three-day marriage enrichment retreats. The faith-based retreats will teach couples how to forge stronger relationships through meaningful conversation. Ned Martin, an expert in marriage counseling, will lead the retreats. Learn more at www.lakejunaluska.com/marriage or call 800-222-4930.



REFUEL

Come join us for a weekend of fun as we refresh ourselves and REFUEL our relationships with Jesus.

LIGHT THE NIGHT Ministries presents its first annual weekend retreat for our youth. Space is limited so get your registration in quickly to secure your spot. All meals will be provided for the campers. Exciting activities are available during free time. You don't want to miss this exciting opportunity to strengthen your walk with Christ.

Registration forms can be printed and payment can be made at www.lightthenight.net.

HEALTH AND WELLNESS:

Four Secrets to a Young Brain

You know you can work your muscles and stay strong at your age, but did you know how to keep your brain fit also? How your brain ages depends on many factors including your genes. Managing conditions such as high blood pressure and diabetes is key. Healthy habits such as these may help you stay sharp and boost your mental health.



1. **Keep your brain active** - Mentally stimulating activities may help keep your brain and your memory intact, so challenge yourself with activities that take brain power. You might play games that involve strategy, such as chess or word puzzles. Explore a hobby, learning new skills as you go. Read newspapers, magazines and books that make you think.
2. **Move it or lose it** - Regular exercise increases blood flow to your brain, it may even help new brain cells grow. One simple way to start moving more, is pair up with a pal. If a friend knocks on your door for a morning workout, you're more likely to follow through. Sign up for a group exercise class at your local gym or fitness center.
3. **Connect with others** - Strong social ties may help ease stress and may help protect you from memory problems. To surround yourself with a strong support network, you might volunteer. Working together for a cause is a great way to bond. Join a book club, walking club or other interest group. Schedule regular get togethers with family and friends.
4. **Think positively** - Making an effort to see the bright side may help ease your stress and boost your mood. Write down things that make you grateful in a journal. Surround yourself with positive people and share your good news with them.

- Shirley Wetherbee

United Methodist Volunteers in Mission (UMVIM) has been in existence since 1976. The 1980 General Conference affirmed United Methodist Volunteers in Mission “as an authentic form of personal missionary involvement” (*The Book of Discipline*, 2004, Paragraph 1302.14). In 2016, General Conference approved the annual celebration of United Methodist Volunteers in Mission Awareness Sunday to recognize all volunteers. United Methodist Volunteers in Mission seeks to equip volunteers with experiences that allow them to put Christian love into action in places around the world. The projects that volunteers can serve with are as diverse as the number of places they serve. Some of the work involves assisting communities with maintaining clean water sources. According to the World Health Organization, 1.8 million people use water from contaminated sources every day. Other work involves the building of churches in

impoverished areas and helping people who are in desperate need of not only food and clean water, but also the hope of Jesus. Additional projects include working at medical clinics, teaching English, and improving substandard housing in the United States and globally. UMVIM recognizes the important work of putting Christian love into action across the globe. The success and engagement in God’s mission, is training, accountability and celebrating our mission journey.

Newsletter Update – If you would no longer like to receive a paper copy of South Hill UMC’s newsletter *The Messenger* or if you would rather receive the online version, please email the church office at office@southhillumc.org or contact Patsy in the church office at 434-447-4761.

SHEEP Resumes...



Our new group of SHEEP students will begin after school tutoring on Monday, October 1st from 3:30 – 6:00 pm. As always, we are looking for volunteers to assist with this program. If you

find you have a little extra time to “give back” to the community one afternoon a week, you could always assist students with completing homework, prepare snacks for the week or facilitate a recreational activity. No job is too small. For more information, contact Nancy Merrel, SHEEP director at 434-774-7885 or speak to Pastor Brian.

**Special Session of
General Conference
February 23-26, 2019
St. Louis, Missouri**

Office Volunteers Needed



Volunteers are needed to assist in the church office on Friday mornings from 8:30 am – 12:30 pm to answer the phone and take messages. If you would be willing to assist in this capacity, please see the sign-up sheet located in the entrance to the sanctuary from the education wing or contact Patsy in the church office.



October 1	Marcus Fuller
October 2	Kimberly Barbour
October 2	Chris Clary
October 2	Benjamin Ringo
October 3	Charles Wright
October 4	Roberta Payne
October 6	Dustin Spears
October 8	William Stanley
October 9	Lewis Nichols
October 10	Hilary Hettich
October 10	Tyler Howerton
October 11	Virgil Peters
October 11	Pat Wall
October 12	Cathy Howerton
October 12	Erik Jones
October 12	Brian Pearce
October 13	Warren Edwards
October 14	Mickey Moore
October 15	Robert Thompson
October 17	Johnathan Nichols
October 17	Roger Tanner

October 19	Kim Clary
October 20	Dwayne Gwaltney
October 21	Connie Hendrick
October 21	Glenda Tucker
October 22	Emma Lou Banfield
October 22	Wella Crowder
October 23	Gary Creamer
October 23	Heather Crocker
October 24	Steve Tanner
October 25	Peggy Conner
October 25	Matthew Lynch
October 25	Julia Taylor
October 26	Glenn Barbour
October 27	Mary Coulter
October 28	Doris Morris
October 29	Matt Farnsworth
October 29	Dylan Shafer
October 30	Daniel Gwaltney
October 31	Georgia Shoop
October 31	Doris Turner

If your birthday is missing, please notify the church office so we may update our records.

The Messenger

South Hill United Methodist Church
105 Franklin Street
South Hill, Virginia 23970
434-447-4761
office@southhillumc.org
www.southhillumc.org



ADDRESS SERVICE REQUESTED

Worship Services: Sundays 8:45 a.m. (in the chapel) and 11:00 a.m. (in the sanctuary)

Sunday school: 9:45 a.m.

Upcoming Events

Monday, 10/1	SHEEP Begins
Saturday, 10/6	UM Men's Stew Sale 10 am – 12 noon
Sunday, 10/7	Pineview Communion Service 3 pm
Monday, 10/8	Columbus Day
Wednesday, 10/10	Pineview Chapel Service 10 am
Sunday, 10/14	UM Women's Potato Luncheon 12 pm
Tuesday, 10/16	Called Finance Meeting 5:00 pm
Thursday, 10/18	November Newsletter Articles Due
Sunday, 10/21	Laity Sunday
	UM Men's Breakfast 8 am
	Church Committee Meetings 12 Noon
Fri./Sat. – 10/26 th – 27 th	Spooktober Fest – Sponsored by South Hill Chamber of Commerce
Saturday, 10/27	Monster Mash 4 – 7 pm Centennial Park
Tuesday, 10/30	5 Talent Academy 9 – 3 at South Hill UMC
November 4 th	Daylight Savings Time Ends Church Council 12 Noon
November 11 th	Veteran's Day Heritage Sunday
November 12 th	Veteran's Day Service 11 am at Veteran's Memorial Park
November 17 th	District/Charge Conference 10 - 1
Nov. 17 th – 18 th	Holiday Bazaar at Dixie Warehouse

Recurring Weekly Events:

Sundays: Regular Worship Services
Middle School Youth 5 - 6 pm
High School Youth 6 – 7 pm

Tuesdays: 10:00 am Bible Study
7:00 pm Seekers in Prayer
7:30 pm Synago

Wednesdays:
6:30 pm Bible Study
6:30 pm Narcotics Anon.
7:30 pm Choir Rehearsal
8:00 pm AA

Thursdays
10:45 am Hundley Service

Fridays: 7:00 pm Sobriety Group

Saturdays: 8-3 Community Service
Sale at Upper Room
(1st, 2nd, & 3rd Saturday)

2nd and 4th Tuesdays: 6:30 pm Prayer
Shawl Meeting

SHEEP: Monday – Thursday
3:30 – 6:00 pm



Church Staff

Pastor
Rev. Brian Siegle
Music Director/Organist
Jimmie Crowder, Jr.
Administrative Assistant
Patsy Tucker