



The Messenger

South Hill United Methodist Church

April 2018



The Pastor's Pen...

Brothers and sisters, I want to call your attention to the good news that I preached to you, which you also received and in which you stand. 2 You are being saved through it if you hold on to the message I preached to you, unless somehow you believed it for nothing. 3 I passed on to you as most important what I also received: Christ died for our sins in line with the scriptures, 4 he was buried, and he rose on the third day in line with the scriptures.

1 Corinthians 15:1-4

Resurrection. This is the core message of Easter, and it is one that we continually have trouble accepting. It defies all our logic and scientific explanations. Even in the church, we tend to hear more about Jesus' sacrifice than his resurrection. We tend to hear about his atonement for sin more than his appearances after death. We even tend to warp our understanding of Resurrection to focus solely on spirit without including body. But Jesus was raised in spirit and body on the day that we now celebrate as Easter. It was not a metaphor. It was a physical event. This is important, very important.

Without Jesus' resurrection, we have absolutely no faith! This is the central tenet of our belief, on which the entire structure rests. If Jesus was not raised, completely, then following him is just another route to death, not life. If Jesus was not completely raised, then our hope of eternity is shallow and incomplete, for Scripture holds human identity in body and soul, together.

Resurrection is the proclamation that we should be saying above all else to share our faith, every day, not just on Easter. Jesus is raised from the dead: Jesus has defeated death itself! If even death cannot keep us from God, then what can? We must learn to accept and acknowledge Jesus' resurrection, and claim it as our own, as he promised.

This greatest miracle is the miracle of Easter and beyond. This is the very soul of our faith. This is the truest message of hope. Thanks be to God!

Yours in Christ,
Pastor Brian



Palm Sunday at South Hill UMC...



DNOW youth working on WINGS project...

The high school girls from Olive Branch and the Middle School girls from New Hope work on the Wings Ministry during DNOW weekend. They were excited to be a part of such a life changing program that will give girls in other countries Dignity, Empowerment, & Freedom. Each girl also wrote a sweet note to the young ladies that will go with our next order of kits.



SHEEP News...

The Hall of Fame on the first floor is a big hit with the students and parents. Several family members take pictures of their child next to their accomplishments. Other parents give a big pat on the back each week. Smiles are abundant! It's wonderful to see the volunteers smiling reflecting on their own hard work as well. The volunteers are greatly appreciated for their love and talents given freely as they serve God.



Thanks to everyone for their prayers, donations, and time. You've blessed the students and volunteers. More importantly, you have served our Father!

- Your Sister in Christ,
Nancy Merrel,
SHEEP Director

Seven DNOW high school participants plus chaperones interviewed Nancy Merrel and Ann Hardin to learn about the SHEEP mission. They blessed us by preparing enough snacks for two weeks. What a joy it was to meet with them! Doing this service for the program saved us much time!!

The SHEEP program will end for this school year on April 19th. Parents are already asking about next year! If we have enough volunteers in the fall we hope to increase the number of students to fifteen. Wouldn't that be wonderful!! God would surely smile!

Easter Sunrise Service



Please join us for Easter Sunrise Worship Service on Sunday, April 1st at 6:45 am in the field across from the church. A community fellowship breakfast will follow at 7:30 am.

HEALTH AND WELLNESS:

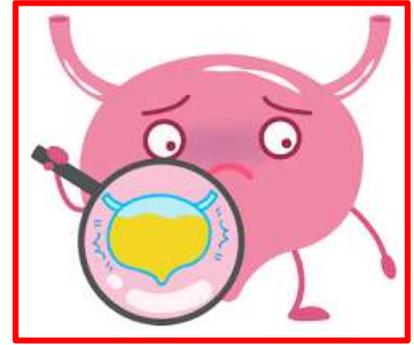
Bladder Control

What we put in our bodies greatly affects our overall health as well as specific areas such as the bladder. First let's focus on what you should eat and drink. Plenty of water! Our natural tendency is to limit fluids so we do not have to use the bathroom as much, but that could actually harm our bladder. If we don't drink enough, urine will become dark and concentrated and could irritate the bladder more. Focus on water and non-caffeinated beverages. Don't forget about high water content foods too. Fruits and vegetables such as watermelon, cucumbers, iceberg lettuce, strawberries, cantaloupe, and spinach all have water content above 90%. Try to take in the equivalent of 6-8 glasses of water each day, but always confirm with your doctor what is best for you.

There are also items that should be avoided. These include caffeinated beverages (coffee, tea, carbonated soda), alcohol, tomato based products including spaghetti sauce, ketchup and salsa; citrus fruits like oranges and lemons, chocolate, spicy foods and artificial sweeteners. All of these items can cause bladder irritation.

Try removing all of the irritants from your diet for a few days. Are your overactive bladder symptoms better? Now add one item back into your diet every few days. You can then identify which categories affect you the most. It takes time, persistence, and willpower, but you can do it!

- Shirley Wetherbee



2018 Graduates

High school and college graduate recognition will take place during the Youth Service on May 6th. If you are a winter 2017 graduate or spring 2018 graduate, please contact Kathy Reese at 434-774-8714 or email at bkreese@embarqmail.com Thank you!

Youth Sunday May 6, 2018



Everyone is invited to our annual youth-led worship service on Sunday, May 6th at 11:00 am in the sanctuary. We are excited about this opportunity to worship with our young people. Our graduates will be recognized during the service, as well. Please come and bring your family and friends.

No Boundaries

It seems that there are not any boundaries anymore.
Nothing to hold any one in and they go straight for the core.

No edges, no limits, no barricades; just a drop off free for all;
Every man for himself as they slither around the invisible wall

Grabbing at whatever they want and what they think is theirs;
Turning a blind eye and a deaf ear as if nobody cares.

No boundaries for doing what is fair and right;
Just pushing forward with their hardheaded might.

They run over those that get in the way.
They don't care who is hurt or who has to pay.

No boundaries for caring what is really going on around them;
Just forging ahead acting on any old whim.

As long as they have what they want they see nothing wrong.
Taking, laughing, and ignoring the truth as they go along.

No boundaries for how their actions make others feel;
Not caring that what happens to others is very real.

The world is open for those who pilfer and take what others worked for.
They think they have the right and all they want is more.

No boundaries, no walls, no heart, no soul, just a nothing feeling.
Their actions and reactions can leave others reeling.

An empty facade with nothing to give and nothing inside.
Just pushing forward with no conscious and no pride.

They have no concept of what life is really all about.
No boundaries to hold them in so they're always searching for a way out.

But are they really trapped in their own little world and empty mind?
Waiting for others to do the job to see what they can find.

They step up and take what is not theirs to have and they did not earn.
Overstepping boundaries that should never be crossed at every turn.

It means nothing to them to try to hurt others to get ahead;
But they need to know where they are being led.

Not seeing they are losing on their own ground
Are you going to let it happen by just standing around?

No boundaries means the game is open to all who want to play.
What happens when the boundaries finally hold you in to stay?

Caught in your own trap with no way to set yourself free.
Locked in, no way out, and time to think about being alone with no boundary.

By Lisa E. Clary© March 2018



Just go to our church website – southhillumc.org and click on the “Donate!” button or download the joyfully2umc app from the app store. If you have questions or need assistance, please contact the church office during regular business hours.

Ministry Groups



We have many wonderful groups of all kinds in the church doing wonderful ministry and fellowship. Please keep the office informed with the numbers of how many attend each meeting. Also, please keep us up-to-date as early as possible with leadership changes and schedule or location changes so that we may make sure that we have the most accurate information to give to others who may want to join you!



Happy Easter

The Date of Easter

Easter is an annual festival observed throughout the Christian world. The date for Easter shifts every year within the Christian calendar. The Gregorian Calendar used by most Western Christian churches is the standard international calendar for civil use. It also regulates the ceremonial cycle of the Roman Catholic and Protestant churches. The ecclesiastical rules that determine the date of Easter trace back to 325 CE at the First Council of Nicaea convened by the Roman Emperor Constantine. At that time the Roman world used the Julian Calendar (put in place by Julius Caesar).



In 1582, Christopher Clavius and a council working at the direction of Gregory XIII (Pope of the Roman Catholic Church) completed a reconstruction of the Julian Calendar producing new Easter tables. The new calendar was issued in February in the papal bull called "Inter gravissimas". This new calendar is referred to as the Gregorian Calendar. One major difference between the Julian and Gregorian Calendars is the "leap year rule". Universal adoption of this Gregorian calendar occurred slowly. By the 1700's, though, most of western Europe had adopted the Gregorian Calendar. The Eastern Christian churches still determine the Easter dates using the older Julian Calendar method.

The statement that Easter Day is the first Sunday after the full moon that occurs next after the vernal equinox, is only an approximate statement of the actual ecclesiastical rules. The full moon involved is not the astronomical Full Moon but an ecclesiastical moon (determined from tables) that keeps, more or less, in step with the astronomical full Moon.

The ecclesiastical rules are:

- The vernal equinox occurs on March 21,
- the ecclesiastical full moon is the 14th day of a tabular lunation (new moon),
- Easter falls on the first Sunday following the first ecclesiastical full moon that occurs on or after the day of the vernal equinox.

Easter can never occur before March 22 or later than April 25. The Gregorian dates for the ecclesiastical full moon are determined using the tables in the Papal bull Inter Gravissimas. The Western (Roman Catholic and Protestant) Christian churches use the Gregorian tables while many Eastern (Orthodox) Christian churches use older tables based on the Julian Calendar. Thus, the civil date of Easter depends upon which tables - Gregorian or pre-Gregorian - are used.



Easter Egg Hunt

VFW Post 7166 in South Hill will sponsor an Easter Egg Hunt on Sunday, April 1st at 2 pm.

Opportunities for Growth and Service...

Convocation on Race and Reconciliation - Bishop Lewis has called a Convocation on Race and Reconciliation on Saturday, April 14, 2018 at Annandale UMC. The convocation will empower participants to become lifelong learning disciples who will be able to conduct the difficult conversations we all need to have related to issues of racial division, justice, and God's call to ministries of reconciliation and peace. Keynote speaker will be Romal Tune (www.romaltune.com). Cost is \$10 per person. It will begin with registration and a continental breakfast at 8:30 a.m. and end with Communion at 3:45 p.m. Lunch will be served. Register and learn more at www.vaumc.org. Deadline to register is April 6.

Faithful Aging Conference - The Faithful Aging Conference attempts to address opportunities related to an aging congregation and meeting the needs of older members, inside and outside the walls of our faith communities. Presented by the Beard Center on Aging at Lynchburg College and Pinnacle Living, the conference will be held this year at **Williamsburg United Methodist Church on Tuesday, April 24th**. The conference is supported by a range of sponsors including the Virginia Conference Older Adult Council. A request for .5 CEU for clergy and certified professionals has been submitted to the Virginia Conference Board of Ordained Ministry and Conference Committee on Lay Servant Ministries.

The **registration deadline is April 6, 2018**. Cost is \$40/individual which includes lunch, refreshment breaks, and all conference materials. Adults 65+ can register for \$30/person. Groups of 3 or more individuals from the same church or organization can register for \$25/person. Limited scholarship funds, sponsored by Pinnacle Living, are available for Virginia Conference United Methodist Church congregational teams. For more information about the scholarship assistance, contact Martha Stokes at mstokes@pinnacleliving.org or by phone at 804-474-8718.

To register on-line, visit www.lynchburg.edu/beard. Registration can be completed by mail using the last page of the conference guide. The guide is attached but can also be found by going to the April 24th date on the VAUMC website calendar:

<https://vaumc.org/Events?cid=3&ceid=1739&cerid=0&cdt=4%2f24%2f2018>

Mentors Needed for All God's Children Camp - All God's Children Camp is just around the corner and they are in need of mentors this summer. Ninety total mentors will be needed, 30 for each camp, both male and female. Please consider giving a week of your time and mentor a camper whose mother or father is incarcerated. For more information, please contact Lori Smith at lttlelori@gmail.com or 571-245-9591. Camp dates and locations are:

June 17-29: Camp Chanco on the James (Richmond area)

June 24-29: Camp Overlook (Shenandoah Valley area)

July 29-August 3: Occohannock on the Bay (Eastern Shore)



Kits for Annual Conference 2018 - As your church begins preparation for collecting items for kits, there is currently an appeal from UMCOR for Hygiene, School, and Cleaning Kits only. Visit www.umcor.org/UMCOR/Relief-Supplies for the complete list of items and instructions. Collection times at Annual Conference will be from Thursday, June 14 from noon to 8 p.m. and on Friday, June 15 from 7 a.m. to 7 p.m. For questions, contact the Kit Collection Coordinator, the Rev. David Magruder at Zion UMC in Seaford (York River District) at (757) 898-7417 or davidmagruder@vaumc.org. Money for the kits should be sent to Conference Treasurer, Virginia Conference UMC, PO Box 5605, Glen Allen, VA 23058. Checks should be made payable to Virginia Conference UMC.

ANNUAL CONFERENCE, June 15-17, at the Hampton Roads Convention Center in Hampton, VA. Bishop Lewis announced that the theme for Annual Conference 2018 will be "Servant Leadership - Making a Difference." The corresponding Bible verse is 1 Peter 4:10, "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."



Women Helping Women



Connected by Christ's love!

Refresh! Renew! Restore!

Date: April 21, 2018

Time: 11:30 am

Location: New Hope Baptist Church, 255 Union Mill Rd.
(Route 138, next to the New Hospital)

Special Feature: Teresa Lawson: Go Gluten-Free!

Vocalist: Steve Wilson

Keynote Speaker: Nancy Merrel

Nancy knows firsthand what it means to trust God for refreshment and renewal. Her joy has been restored. Let her inspire you as well!

Join us for Fun, Food and Fellowship

RSVP: Pat 434-689-2061 or patbortz@gmail.com

Covered Dish Welcome



Budget for 2018:	\$231,797
GF Offering received thru March 25, 2018:	\$36,098
YTD Percent Budget Received 2018:	16%
YTD Percent Budget Received 2017:	18%
YTD Avg Attendance Combined Worship:	103
YTD Avg Sunday School Attendance:	55



April Special Offering

Native American Ministries

Nurtures missions with Native Americans and provides scholarships for United Methodist Native American seminarians.



United Methodist Family Services is a nonprofit organization providing families with a wide range of services. Our mission is to be “**unwavering champions for children and families**”. We take our mission seriously and are passionate about what we do. Children in the UMFS Treatment Foster Care Program, ages 8-17, have been removed from their homes due to neglect or abuse and referred to our program by local Department of Social Services. They have nowhere to go. Imagine how lonely and terrifying that must be for a child.

The UMFS South Central Regional Center strives to improve the lives of youth impacted by abuse and/or neglect while simultaneously improving local communities throughout their service area. At this time; however, the center is in desperate need of additional families to further their mission. The center is offering training classes beginning April 14th and you are invited to become a part of this motivated, impactful agency. There are so many ways you can further the agency’s mission such as becoming a foster family, volunteering, donating, mentoring, or offering summer job opportunities for the youth in care.

UMFS understands it takes a village to raise a child, and that is why we are with you every step of the way. We provide you with training, 24 hour assistance, mentors, support groups, financial compensation and respite care. We stand beside you as your support system, equipping you with the tools you will need to provide the best possible care for our kids. You will never be alone. Contact Danetta McKnight at (434) 447-8630 today for additional information regarding the agency and how you can help!



April 1	Marvin Thomas
April 2	Heather Moore
April 4	Chad Barbour
April 4	Randy Cash
April 4	Charlie Mills
April 5	Conner Niblett
April 6	Morgan Hash
April 6	Jason Winn
April 7	Neil Burke
April 8	Claudia Brooks
April 9	Parker Burke
April 9	Mike Farnsworth
April 9	Wendy Nash
April 9	Debra Pearce
April 10	Abby Spence
April 11	Thelma Wilson

April 12	Betty Edwards
April 12	Jim Gillispie
April 13	Jean Holmes
April 14	Kelsey Thomas
April 17	Meredith Grice
April 19	Sophie Crowder
April 19	Brittany Thomas
April 20	Kathleen Davis
April 23	Dewayne McGee
April 23	Chris Merrel
April 24	Jennifer Goetzke
April 24	Deborah Walker
April 26	Dot Burnette
April 26	Vincent Gillispie
April 26	Debbie Hayes

If your birthday is missing, please notify the church office so we may update our records.

The Messenger

South Hill United Methodist Church
105 Franklin Street
South Hill, Virginia 23970
434-447-4761
office@southhillumc.org
www.southhillumc.org



ADDRESS SERVICE REQUESTED

Worship Services: Sundays 8:45 a.m. (in the chapel) and 11:00 a.m. (in the sanctuary)
Sunday School: 9:45 a.m.
Upcoming Events

Sunday, 4/1	Easter Sunrise Worship 6:45 am Field across from South Hill UMC Community Easter Breakfast 7:30 VFW Post 7166 in South Hill Easter Egg Hunt 2 pm Pineview Communion Service 3 pm
Monday, 4/2	Easter Holiday – Office Closed
Wednesday, 4/11	Audit Committee Pineview Chapel Service 10 am
Sunday, 4/8	Mission’s Meeting 12 Noon
Sunday, 4/15	UM Men’s Breakfast 8 am
Thursday, 4/19	May Newsletter Articles Deadline Last day for SHEEP
Sunday, 4/22	SHUMC Meeting Night 7 pm
Saturday, 4/28	Community Outreach 2 pm
Sunday, 4/29	Baptism & Reception of New Members 5 th Sunday Luncheon
May 6 th	Youth Sunday Pineview Communion Service 3 pm
May 9 th	Pineview Chapel Service 10 am
May 13 th	Mother’s Day
May 15 th	Finance Meeting 5:30 pm
May 20 th	Church Council Meeting 7 pm
May 21 st	June Newsletter Articles Deadline
May 28 th	Memorial Day – Office Closed

Recurring Weekly Events:

Sundays: Regular Worship Services
Youth Meeting 6:00 pm

Tuesdays: 10:00 am Bible Study
7:00 pm Seekers in Prayer
7:30 pm Synago

Wednesdays:
6:30 pm Bible Study
6:30 pm Narcotics Anon.
7:30 pm Choir Rehearsal
8:00 pm AA

Thursdays
10:45 am Hundley Service

Fridays: 7:00 pm Sobriety Group

Saturdays: 8-3 Community Service
Sale at Upper Room
(1st, 2nd, & 3rd Saturday)

2nd and 4th Tuesdays: 6:30 pm Prayer
Shawl Meeting

SHEEP: Monday – Thursday
3:30 – 6:00 pm



Church Staff

Pastor
Rev. Brian Siegle
Music Director/Organist
Jimmie Crowder, Jr.
Administrative Assistant
Patsy Tucker
Sexton
Cindy Parrish